

Career Development part of the course 310167-M-3 / Methods: Python Programming, Academic Year 2025 / 2026

Coordinator

Joyce van Steenoven-Ladenstein, Career Services Officer Master Economics

J.Y.M.Ladenstein@tilburguniversity.edu

Office hours

Upon [appointment](#)

Canvas page with more information: Career Development Economics

See: [Career Development Economics](#)

Goal

The goal of the career development part of the course 'Methods: Python Programming' is to help students from the Master Economics transition into their careers after graduation. The focus of this part of the course is on personal growth and development and provides practical tools to be well prepared for the job application process.

Description

In both semester 1 and semester 2, workshop(s) will be offered by Student Career Services. Participation in at least 1 workshop of your choice is a mandatory part of the course 'Methods: Python Programming'. In addition, participation in at least 1 career event of your choice organized by [Asset Financials](#) or the [Economics Business Weeks Tilburg](#) (EBT) during the year is required.

Kick-off sessions

kick-off/ information sessions are planned at the beginning of each semester to give new students more information about the career development part of the course 'Methods: Python Programming'.

Workshops

Semester 1 (blok 2):

Students can choose to follow the workshops:

1. *Stressmanagement*
2. *Finding purpose: Discover a fulfilling and impactful future*

1. *Stressmanagement organized by Student Welbeing*

- Spread over 2 sessions (participation in both is required)
- The sessions last 1 hour and 30 minutes and the second session take place 1-2 weeks after the first session.
- 3 weeks prior to the 1st session students must have registered via Canvas so we know how many groups there are and how many trainers are needed.

Assignment:

- In preparation of both sessions, students complete a small preparatory assignment. They take the outcome to the sessions.

2. *Finding purpose: Discover a fulfilling and impactful future organized by Student Career Services:*

- Spread over 2 sessions (participation in both is required)
- The sessions last 1 hour and 45 minutes and the second session take place 2-3 weeks after the first session.
- 3 weeks prior to the 1st session students must have registered via Canvas so we know how many groups there are and how many trainers are needed.

Assignments:

- In preparation for the workshop, students fill out the VIA Character Strengths Survey and complete a small preparatory assignment. They take the outcome to the 1st session of the workshop.
- Optional is the online Canvas course “[know yourself](#)” from the Tilburg University Career Academy for students who want to get to know themselves better.
- After the first session, participants are given an interim assignment. They take the outcome to the 2nd session of the workshop.
- If students need it, they can take advantage of the opportunity to receive 1 hour of 1-on-1 coaching from an experienced career coach from Student Career Services in addition to the workshop.

Semester 2 (blok 4):

Students choose out of the following practical workshops organized by Student Career Services:

- Unlock Success: Master your assessment with expert preparation!
- Empower your potential: Elevate your personal effectiveness today!
- PitchPower: Mastering the art of real-life branding
- CareerReady: Ace your job interview
- Connecting futures: How to use LinkedIn

3 weeks prior to the workshops students must have registered via Canvas so we know how many groups there are and how many trainers are needed.

Preparation assignments:

- In preparation of the workshop 'PitchPower: Mastering the art of real-life branding', students complete the Career Academy's online Canvas course "[elevator pitch](#)". The outcome is not immediately reviewed by Student Career Services afterwards. Students take the outcome to the workshop and continue working with it during the workshop (deepening).
- In preparation of the workshop 'Connecting futures: How to use LinkedIn', students complete the Career Academy's online Canvas module "[professional LinkedIn profile](#)". The outcome is not immediately reviewed by Student Career Services afterwards. Students take the outcome to the workshop and continue working with it during the workshop (deepening).
- For the workshop "CareerReady: Ace your job interview" and "Unlock Success: Master your assessment with expert preparation!" students will receive a preparation assignment via email in advance.

Career Events

Students participate in at least one of the following career events during the year (mandatory):

Asset-Financials:

- Economics Dinner - 29 oktober
- M&A Case Day - 28 november
- Public Sector Day - 5 februari
- Economics Lunch - 3 maart

Registration via the website of [Asset-Financials](#).

EBT (April 6 – April 23, 2026):

- Case Days (NGO Case Day, Consultancy Experience, Friesland Campina Case Day, Data Experience, Big Four Accountancy Experience)
- Workshops by organizations during Company Days
- Trainings given by organizations during Training Day
- Brabant Business Evening
- Individual conversations with organizations during the Company Days
- Business lunch with organizations during the Company Days

Registration via the website of [EBT](#).

After attending an event, you upload a short reflection report, within 10 working days, on the [Career Development Canvas page](#) under the assignment created for this specific event.

Certificate of Extra Curricular Excellence (CoEE):

The workshops and events are also part of the Certificate of Extracurricular Excellence (CoEE) offered within the Master Economics. If you participate in multiple activities and earn at least 15 points you can obtain a certificate signed by the Academic Director of the Master Economics awarded together with your diploma.

Grading

The workshops and career events are part of the course 'Methods: Python Programming'. To pass the course, you must participate in at least 1 workshop of your choice and at least 1 career event. You will receive a partial grade once you have completed the Python programming part of the course. At the end of the academic year, you will be assessed whether you have met the set criteria of the career development part of the course through a pass or fail. Only with a positive grade for the Python programming part of the course and a pass for the career development part of the course have you passed the course 'Methods: Python Programming'.

Resit

If there are exceptional circumstances that prevent you from attending 1 of the workshops or 1 career event throughout the year, please contact TiSEM Career Services, tisem.careerservices@uvt.nl, for an alternative assignment.

Appendix 1 Content of the workshops

➤ **Stressmanagement (2 sessions of 1 hour and 30 minutes)**

During the workshop, we will work on what stress is, what are causes and effects of it, how can you notice/sign stress, and cope with it (including practice with mindfulness/breathing techniques).

➤ **Finding purpose: Discover a fulfilling and impactful future (2 sessions of 1 hour and 45 minutes)**

Unlock the key as a start to a more purpose-driven life! Join this interactive workshop, where you will embark on a journey of self-discovery, and chart your course toward a fulfilling and purposeful future.

➤ **Unlock Success: Master Your Assessment with Expert Preparation!**

In addition to the experience of completing a valid personality questionnaire and achieving the results, you will learn:

- What exactly is an assessment, how do you prepare, and what types of assessments exist?
- Which competencies are considered essential by the employer How to remove a review day can be seen?
- What different capacity tests, practical simulations, models, and instruments are available (reinventing assessments)?
- What the Big Five means in relation to the personality questionnaire.
- Achieve your test results and how you can move forward with them.
- How to Prepare for The Interview & Expanding the STARR Method.

➤ **Empower your potential: Elevate your personal effectiveness today!**

This workshop is aimed at developing skills and behavior that lead to personal success and effectiveness. Themes such as taking responsibility, increasing the influence of your actions on your own life and that of others, proactivity and goal setting are some of the components we will delve into in more detail. In short, you learn how to get behind the wheel of your own life (again).

➤ **PitchPower: Mastering the art of real-life branding**

What makes you unique and how do you present your unique 'I-brand'? How are you going to use this in your search for a job? At the end of this workshop, you have defined your personal brand, and you know how to show it while networking on- and offline in search for a job.

➤ **CareerReady: Ace your job interview**

After this workshop, you know what is expected from you during a job interview and you can present yourself well.

➤ **Connecting futures: How to use LinkedIn**

This workshop will provide you with tips on how you can use LinkedIn to find a job, connect with interesting people and companies.

Appendix 2 Content of the Career Events

Asset Financials:

➤ **Economics Dinner**

During this exclusive event, twelve prominent companies from various economic sectors will come to Tilburg to meet motivated students over a three-course dinner.

Throughout the evening, you will be seated with a different company during each course, providing a unique opportunity to engage in meaningful conversations in a relaxed setting. After dinner, there will be drinks where you can connect with other participating companies as well.

Participation is based on CV selection. You can indicate your preferred companies, and companies will select students based on their CVs. Only 20 students will be admitted to the event.

➤ **M&A Case Day**

During this full-day event, you'll get the chance to dive into the world of M&A by working on two challenging cases provided by firms active in this field. It's a unique opportunity to gain insights into real-life transactions, develop your problem-solving skills, and connect with professionals from top M&A firms.

The day also includes a lunch, giving you the opportunity to interact with company representatives in a more informal setting and ask your questions about working in M&A.

➤ **Public Sector Day**

Throughout the day, you will work on challenging cases that reflect real-world issues in the public sector, giving you hands-on experience in economics and policy. There will also be ample opportunities to network with professionals and recruiters to learn more about their organizations and career paths.

Lunch will be provided. Please note that due to company preferences, a good understanding of Dutch is required.

➤ **Economics Lunch**

Economics Business Drink offers the opportunity to connect with various companies.

During the event, you will meet companies in three different rounds in a more personal manner, with about 5 students per round, resembling a speed-dating style encounter, providing an opportunity to familiarize yourself with the participating companies. No formal presentations or case studies, just authentic conversations, and opportunities to expand your professional network and explore future career possibilities.

EBT:

- **Case Days (NGO Case Day, Consultancy Experience, Friesland Campina Case Day, Data Experience, Big Four Accountancy Experience)**
During a case day you spend an entire day with an organization (or more organizations) to get to know the organization, its activities and the career opportunities it has to offer. The day consists of a company presentation, a case and an informal drink.
- **Workshops by organizations during Company Days**
Ready to show off your analytic, academic and teamwork skills? Join a company of your choice at one of their workshops and try to be the best in solving their business case!
- **Trainings given by organizations during Training Day**
During the training day you can choose a training given by an organization to develop your personal and professional skills, be optimally prepared for the application procedure.
- **Brabant Business Evening**
The Brabant Business Evening is designed to connect ambitious students with inspiring local companies. This event offers a unique platform to explore how innovation at a regional level can create global impact. In addition to the insightful presentations, you will have the opportunity to network at an interactive fair—with drinks—where you can meet a diverse range of local companies. They operate in various sectors—from management, health and ERP software consulting to water supply, a startup, food tech, and finance. These companies provide a range of career opportunities, whether you're looking for an internship, a work-study position, or your first full-time job.
- **Individual conversations with organizations during the Company Days**
Meet your future employer at one of our Individual Conversations! Are you actively looking for a job or internship? Sign up for your favorite company's Individual Conversations and impress recruiters!
- **Business lunch with organizations during the Company Days**
Bon Appetit! Sit down with the company of your choice at one of our external locations and enjoy a fancy lunch.